

**NORTHWEST AERIALS SWIM SCHEDULE
MAY, JUNE, JULY & AUGUST 2010
12440 128TH LANE, NE *KIRKLAND* (425) 823-2665**

Welcome to Northwest Aerials swim program! We are excited to be offering our sixteenth summer of swim lessons as well as private lessons and birthday parties. If you have any questions, please don't hesitate to ask or call (425) 823-2665.

**Session #1: May 3rd-29th Session #2: June 1st-June 26th*
Session #3: July 5th-31st Session #4: August 2nd-28th**

*(Session #2: No class Monday May 31st-Classes will be held on Friday June 25th at regular class time)

****Make-Up Policy:** There will be NO SWIM MAKE-UPS FOR MISSED SWIM CLASSES. As a courtesy for a missed swim lesson your child may take a gymnastics class. The gymnastics class must be pre-scheduled through the office and completed before August 28, 2010. SORRY NO REFUNDS!

MAY & JUNE DAYTIME CLASSES (Session #1 & #2)

Monday & Wednesday

9:30-10:00am Super Aqua Kids/Beg
10:00-10:30am Super Aqua Kids
10:30-11:00am Super Aqua Kids
11:00-11:30am Super Aqua Kids/Beg
11:30-12:00pm Super Aqua Kids/Beg
12:00-12:30pm Super Aqua Kids

Tuesday & Thursday

9:30-10:00am Super Aqua Kids
10:00-10:30am Super Aqua Kids/Beg
10:30-11:00am Super Aqua Kids
11:00-11:30am Super Aqua Kids
11:30-12:00pm Super Aqua Kids

Saturday

12:00-12:30am Super Aqua Kids
12:30-1:00pm Beg
1:00-1:30pm Super Aqua Kids/Beg
1:30-2:00pm Super Aqua Kids/Beg
2:00-2:30pm Super Aqua Kids/Beg
2:30-3:00pm Super Aqua Kids

**MAY EVENING CLASSES
(Session #1)**

Monday & Wednesday

3:30-4:00pm Super Aqua Kids
4:00-4:30pm Beginning
4:30-5:00pm Super Aqua Kids
5:00-5:30pm Super Aqua Kids/Beg
5:30-6:00pm Super Aqua Kids
6:00-6:30pm Super Aqua Kids/Beg
6:30-7:00pm Adv Beg/Intermediate

JUNE EVENING CLASSES (Session #2)

Monday & Wednesday

3:30-4:00pm Super Aqua Kids
4:00-4:30pm Beginning
4:30-5:00pm Super Aqua Kids
5:00-5:30pm Super Aqua Kids/Beg
5:30-6:00pm Super Aqua Kids
6:00-6:30pm Super Aqua Kids/Beg
6:30-7:00pm Adv Beg/Intermediate

Tuesday & Thursday

3:30-4:00pm Super Aqua Kids/Beg
4:00-4:30pm Super Aqua Kids
4:30-5:00pm Beginning
5:00-5:30pm Super Aqua Kids
5:30-6:00pm Super Aqua Kids
6:00-6:30pm Super Aqua Kids/Beg
6:30-7:00pm Super Aqua Kids

JULY & AUGUST (Session #3 & #4)

Monday & Wednesday

10:00-10:30am Super Aqua Kids & Beg
10:30-11:00am Super Aqua Kids
11:00-11:30am Super Aqua Kids & Beg
11:30-12:00pm Super Aqua Kids & Beg
12:00-12:30pm Super Aqua Kids
12:30-1:00pm Adv Beg/Intermediate

3:00-3:30pm Super Aqua Kids
3:30-4:00pm Super Aqua Kids
4:00-4:30pm Beginning
4:30-5:00pm Super Aqua Kids
5:00-5:30pm Super Aqua Kids & Beg
5:30-6:00pm Super Aqua Kids
6:00-6:30pm Super Aqua Kids
6:30-7:00pm Adv Beg/Interm & Beg

Tuesday & Thursday

9:30-10:00am Super Aqua Kids/Beg
10:00-10:30am Super Aqua Kids/Beg
10:30-11:00am Super Aqua Kids
11:00-11:30am Super Aqua Kids
11:30-12:00pm Super Aqua Kids
12:00-12:30pm Super Aqua Kids/Beg

3:00-3:30pm Adv Beg/Intermediate
3:30-4:00pm Super Aqua Kids & Beg
4:00-4:30pm Super Aqua Kids
4:30-5:00pm Super Aqua Kids
5:00-5:30pm Super Aqua Kids & Beg
5:30-6:00pm Super Aqua Kids
6:00-6:30pm Super Aqua Kids & Beg
6:30-7:00pm Super Aqua Kids

Saturday

9:30-10:00am Super Aqua Kids/Beg
10:00-10:30am Super Aqua Kids/Beg
10:30-11:00am Super Aqua Kids
11:00-11:30am Super Aqua Kids
11:30-12:00pm Super Aqua Kids
12:00-12:30pm Super Aqua Kids/Beg
12:30-1:00pm Super Aqua Kids/Beg

****Per the King County Health Department; Bathers wearing diapers need to have tight fitting protective coverings. Plastic vinyl covers are available for \$3.00 at the front desk.**

SUPER AQUA KIDS: (Ages 1-7, must be walking): This method is the quickest way to get your child comfortable in the water and swimming. It uses a series of smaller and smaller floats to teach your child to swim.

BEGINNERS: Students must be able to float unassisted and swim underwater or dog paddle. The primary concentration at this level is to prepare the student for stroke development. Skills Include: Flutter kick on front & back, finning on back, back crawl and personal safety skills are emphasized.

ADV BEGINNING/INTERMEDIATE: This class is designed for those who have been introduced to both front and back crawl and can demonstrate them with some proficiency. Skills Include: Stroke development and refinement of front crawl and back crawl, introduction to side stroke, breast stroke and elementary back stroke are emphasized.

Classes may be cancelled or combined due to enrollment.

Fees: **Classes (Saturday Classes-1x/week): \$55/session/child.
 Classes (2x/week): \$98/session/child. All classes are 1/2 hour in length.**